



Rock Point Church
Bill Bush | 6.15.25

Big Idea:

God doesn't give us more than He can handle.

2 Corinthians 1:8-11

⁸ We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed beyond our ability to endure, and we thought we would never live through it. ⁹ In fact, we expected to die. But as a result, we stopped relying on ourselves and learned to rely only on God, who raises the dead. ¹⁰ And he did rescue us from mortal danger, and he will rescue us again. We have placed our confidence in him, and he will continue to rescue us. ¹¹ And you are helping us by praying for us. Then many people will give thanks because God has graciously answered so many prayers for our safety.

God lets us hit our limit, so we stop pretending we don't have one.

"You don't know God is all you need until God is all you have."

-Tim Keller

God lets life crush us, so we stop relying on ourselves.

"Faith is not belief without proof, but trust without reservation."
-Elton Trueblood

God meets us in our pain and brings people with Him.

"You can't heal what you hide." -Craig Groeschel

God turns our hardest moments into someone else's hope.

Weakness can be our most powerful witness.

GROUPS QUESTIONS:

1. When was the last time you felt completely overwhelmed- emotionally, physically, or spiritually? How did you respond? Did you try to push through on your own, or lean into God or others?
2. Read 2 Corinthians 1:8-11. What stands out to you in Paul's description of suffering and how he reframes it?
3. Why do you think Paul emphasized being "crushed and overwhelmed beyond our ability to endure"? What does this say about how God works through suffering?
4. How have you seen God use a season of crushing or breaking in your life to produce deeper dependence on Him? Was it clear in the moment, or only in hindsight?
5. "God doesn't give us more than He can handle." How does that shift your view of difficult circumstances, especially

compared to the more common phrase, "God doesn't give us more than we can handle"?

6. What are some ways we pretend we're "fine" or self-sufficient-even in church or with close friends? Why do you think we feel pressure to hide our limits?
7. Paul says he 'learned to rely only on God.' What are you still trying to carry on your own that God is inviting you to surrender to Him?
8. Paul says others helped him by praying. Who do you go to when life gets hard? And who comes to you? How can we grow in being a safe, prayerful community for each other?
9. How would it change your relationships if you saw prayer and vulnerability not as a weakness, but as spiritual strength and obedience? What's one step you can take this week to be more open with God and others?